

People aged under 25 years able to access specialist mental health services within three weeks of referral

Te Tāhū Hauora
Health Quality & Safety
Commission



Source: [/measure/people-aged-under-25-years-able-access-specialist-mental-health-services-within-three-weeks](#)

Description

This measure details the percentage of new clients aged under 25 years seen within three weeks of referral to mental health services. We know there are pressures on child and youth services, and some children and young people have to wait before accessing the help they need. The onset of serious mental illness mostly occurs before the age of 25 years, and crosses child and adolescent and adult service boundaries. It is important to focus on the specific needs of young people presenting with a first episode of illness. This indicator aims to lift performance and support more timely access for children and young people.

Measure set

Health system indicators

Notes about this measure set

WaitingThe waiting time is number of days from the date a new client was referred to an organisation to the first in-scope activity (services) the client attended at that organisation.

Numerator

Number of new clients aged under 25 years seen within three weeks.

Denominator

Total new clients aged under 25 years.

Denominator detail

New clients are those who have not accessed mental health services within the past year.

Denominator exclusions

See technical document for details.

Data sources

Programme for the Integration of Mental Health Data (PRIMHD)
Ministry of Health

Responsible organisation(s)

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Resources

Health system indicators (.pdf)

Resource link

<https://www.hqsc.govt.nz/assets/Our-data/Publications-resources/Acute-hospital-bed-day-rate.pdf>

Resource Type

Measures & documentation

Description

This document contains a detailed definition of the measure.